

Objectives

The Olympic Motto

- ▶ To examine attitudes and behaviors in sports competitions.
- ▶ To become familiar with the Olympic Creed and the Olympic Motto.
- ▶ To share opinions about winning or losing during competitions.

- ◆ Discuss the meaning of the words win and lose.
- ◆ Give examples that are impersonal, then personal, about winning and/or losing any competition (game, activity, contest, etc).
- ◆ Discuss how an Olympian might feel about losing an event after training for so long and so hard. How about winning?
- ◆ Have students listen to the Olympic Creed and then discuss its meaning. Go over the vocabulary words: significant, triumph, struggle, essential, conquered.
- ◆ Next, read the Olympic Motto. Ask for a definition of what a creed is, and what a motto is. Have students note the similarities in the spelling ending of *Citius*, *Altius*, *Fortius*. What does *Swifter*, *Higher*, *Stronger* really mean?
- ◆ Finish each sentence on the worksheet and then illustrate it.
- ◆ When finished, put together to form a personal booklet.

Optional

- ◆ Booklets may be shared with others or placed in the library section of the classroom. See if more than two students have similar feelings.
- ◆ Students might create a school creed or a motto (if there is no school motto.)

Materials

The Olympic Creed and Motto.

Appropriate paper for illustrating and writing booklets.

Crayons, pencils or paints.

The Olympic Motto

▶ Name



The Olympic Creed and Motto

OLYMPIC CREED

The most significant thing in the Olympic Games is not to win but to take part.

Just as the most important thing in life is not the triumph but the struggle.

The essential thing is not to have conquered but to have fought well.

Baron Pierre de Coubertin

OLYMPIC MOTTO

Citius, Altius, Fortius

Expresses the aspirations of the Olympic movement. Loosely translated, these Latin words mean

Swifter, Higher, Stronger

The Olympic Motto

▶ Name



Complete the sentences:

Winning is _____

Losing is _____

Sharing is _____

Honesty is _____

Cooperation is _____

A true individual is _____

Team spirit is _____

Self-confidence is _____