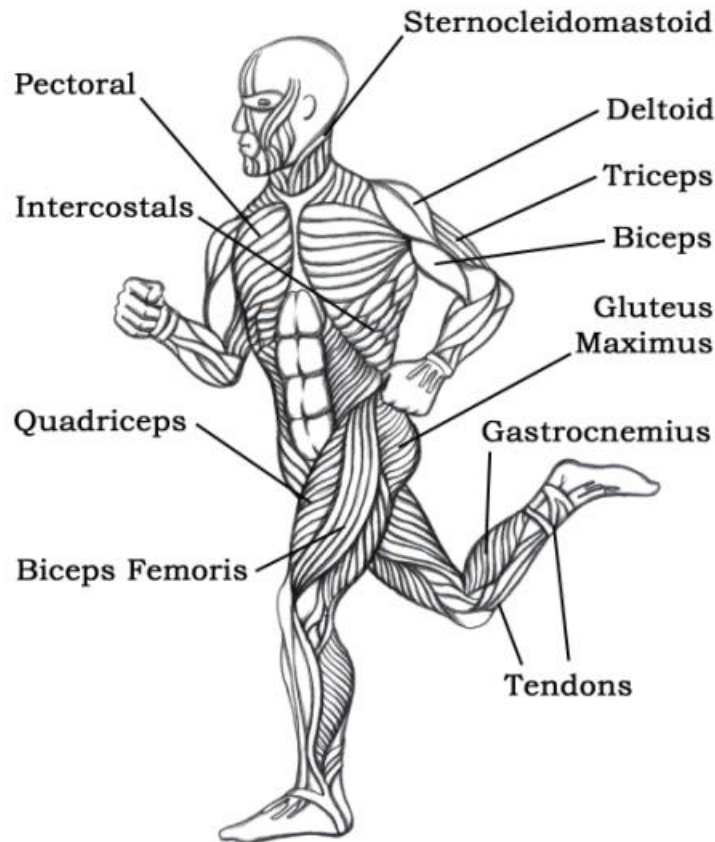


Name \_\_\_\_\_

Date: \_\_\_\_\_

### Some Important Skeletal Muscles



Muscles help control the movement of your body. Tendons are the connective tissue.

**Color each muscle the appropriate color.**

**Red-** Pectoral muscle lowers the arm.

**Orange-** Intercostals turn the upper half of the body and are between the ribs.

**Yellow-** Quadriceps straighten the knees.

**Green-** Biceps Femoris extend the thigh or bend the knee.

**Blue-** Sternocleidomastoid rotates the head.

**Purple-** Deltoid muscle in the shoulder raises the upper arm.

**Brown-** Triceps and biceps raise and lower arms.

**Black-** Gluteus Maximus straightens the hip joint and holds the body upright.

**Pink-** Gastrocnemius helps to stand on toes.