

Objectives

- ▶ To recognize various sports equipment
- ▶ To compare sports equipment used by male and female athletes
- ▶ To understand each sport needs different equipment for implementation

Sports Measuring Tape

- ◆ Display the Sports Measuring Tape ([Download](#), print and assemble)
- ◆ List the various sports equipment shown on the tape . Discuss with the students the various sports represented.
- ◆ Guide students to select two sports to focus on.
- ◆ Students may work in pairs or the class can be divided by teams to report further upon one or more of the sports. List the advantages, disadvantages of learning and playing these sports. List the advantages of learning and playing these sports: time required, space needed, equipment availability, at school or after school activity, individual or teams needed, Olympic sport or not, how long can a person play these sports in his/her life.
- ◆ Part of the class chooses their sport to demonstrate to the rest of the class. Challenge another class on the same grade level to a match using the chosen sports.

Optional

- ◆ Use the sports listed to research further about their origins, which countries excel most in them, write biographies of famous players of the chosen sports.
- ◆ Demonstrate other sports your class may not have known about.

Materials

Sports Measuring Tape ([Download](#), print and assemble)

Rulers or tape measures for every student

Basic rules for playing two sports. Example: basketball and/or softball for girls and for boys.

Optional: actual basketballs, baseballs, bats, basketball nets, etc.