

Health & Physical Education

Objectives

Winning & Losing: Good Sportsmanship

- ▶ To develop good sportsmanship and fair play
- ▶ To encourage knowledge and use of game rules
- ▶ To encourage competition and participation in sports

- ◆ Ask students to name their favorite games. Ask them to write down the rules, number of persons, skills, and the equipment needed in order to play successfully.
- ◆ Invite students to discuss why they prefer those games. Does following or not-following the game's rules have any effect upon winning or losing?
- ◆ Next, ask the students to list three examples of good sportsmanship that may be have observed in others or by themselves. Example: Player A did not follow the rules and played out-of-turn. When the person refereeing the game called attention to the infraction, Player A argued with the ruling, delayed the game, then finally stopped playing altogether, leaving the game area. What could Player A have done instead?
- ◆ Students may wish to discuss the use of drugs or steroids among professional game players or track stars. How does the use of drugs or steroids affect performance? Is it right to use banned substances? How are players penalized? Example: In the 1988 Olympic Games in Seoul, Ben Johnson's gold medal in the 100 meters was taken away after he was found to have used steroids.
- ◆ Finally, invite the students to modify their favorite games in some manner to improve them. Example: new rules, no rules, different winning systems or changing the equipment.

Optional

- ◆ Review the rules of two favorite games played regularly at school. What makes these games go smoothly (fun) or badly (conflict)?
- ◆ What are some things that can be done to improve the games at school (chart)?
- ◆ Compare the two games the class likes best with the two least enjoyed. Make suggestions for improving the less favored games.
- ◆ Discuss the philosophy of the Olympic Creed: "The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well." Review key vocabulary for maximum understanding: struggle, triumph, essential, conquered.
- ◆ Chart the answers to see how many agree or disagree. The students may wish to discuss why they disagree.

Materials

"Winning & Losing"
worksheets

pencils

Winning & Losing: Good Sportsmanship

▶ Name



My favorite sport is _____

Write down the rules, equipment, and number of people needed to play.